

The
MUSLIM
Saturday
CLUB

Mentoring Session no. 4: Feb '08

Session focus: Hijaab- more than just a piece of cloth

The Messenger of God SAW said, “Modesty is part of faith and fosters only goodness” (Muslim)

The Messenger of God SAW said, “God does not regard your externals or your riches but rather your hearts and your deeds” (Muslim)

The Messenger of God SAW said, “God is beautiful and loves beauty” (Muslim)

'And tell the believing women to lower their gaze (from looking at forbidden things) and protect their private parts (from illegal sexual acts, etc) and not to show off their adornment except what must (ordinarily) appear thereof, that they should draw their veils over their Juyubihinna.'
(Surah Nur: Ayah 31).

H I J A B

So what is the Hijab?

- ❖ It is an act of OBEDIENCE to Allah and to his Prophet (SAW), Allah says in the Qur'an:

'It is not for a believer, man or woman, when Allah and His messenger have decreed a matter that they should have an option in their decision. And whoever disobeys Allah and His Messenger, has indeed strayed in a plain error.' (Surah Ahzab: Ayah 36).

- ❖ The Hijab is IFFAH (Modesty), it is a reflection of the reserve and humility within oneself.
- ❖ The Hijab is HAYA (Bashfulness), it fits the natural bashfulness which is a part of the nature of women.
- ❖ The Hijab is form of TAHARA (Purity),

‘And when you ask them (the Prophet’s wives) for anything you want, ask them from behind a screen, that is purer for your hearts and their hearts.’ (Surah Ahzab: Ayat 53).

The Hijab blocks or screens the heart from ill thoughts and evil desires, therefore keeping the heart pure and free from disease.

- ❖ The Hijab is a SHIELD, you are protected by the Hijab which is stronger than metal armour!
- ❖ The Hijab is EMAAN, it is only prescribed to the believing woman.

Hijab should be worn solely for the sake of Allah, not to please your family, or society. There are immense benefits of wearing the Hijab, both physical and spiritual and a woman who wears the Hijab is as if she is wearing a divine shield of protection and mercy. Just like the pearl is hidden and protected by the oyster so too is the believing women-protected and shielded by her HIJAAB.