

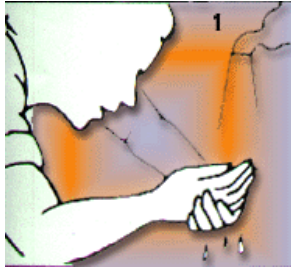
# Why Make Wudhu?



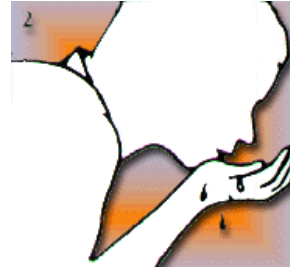
- Wudhu is an act of worship.
- Only after making wudhu can one touch the Quran. It's the key to opening Allah's words which are the cures to our heart.
- Wudhu opens the door to salah; the meaning to our existence. Allah allows us to bow our heads in His court– we can do this whenever and as many times in the day as we wish. Wudhu gives us the opportunity to bow and beg and to reach the closest state in this world to Allah through performing sajdah.
- Sins made by the eyes, hands and feet are washed away through wudhu. Minor sins are completely washed away. Faces and limbs will shine from the effect of wudhu on the day of Qiyamah.
- Wudhu is our foundation, if it's rushed our acts of worship that follow will be half hearted. The effort we put into our wudhu reflects the acceptance of our ibadah.
- Wudhu is a commandment of Allah.
- Purity is half of faith.
- 
- The Prophet (saw) said: “Allah does not accept the prayer of anyone of you when he is unclean until he does wudhu.” (Bukhari).



# Duas to recite when making Wudhu



1 Oh Allah! I ask of You good fortune & blessings, & seek refuge in You from misfortune and destruction.



2 Oh Allah! Help me in the recitation of Your book, & in remembering You most, & in offering You thanks.



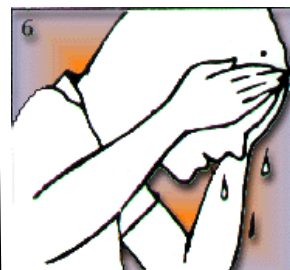
3 Oh Allah! Comfort me with the smell of heaven & under the circumstances that You are pleased with me.



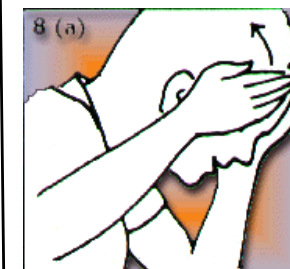
4 Oh Allah! I seek refuge in You from the smell of the fire & from the disgrace of the abode.



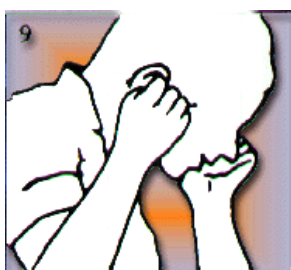
5 Oh Allah! Brighten my face on the day when You will brighten the faces of those who are dear to You, and do not blacken my face on the day when You will blacken the faces of Your enemies.



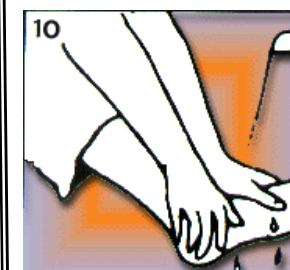
7 Right arm: Oh Allah! Give me the record of my deeds in my right hand & take it easy with the reckoning. Left arm: Oh Allah! Do not give me my book in my left hand nor from behind my back.



8 (a) Oh Allah! Give me the shade of shelter under Your throne on the day when there will be no shade other than the shade of Your throne.



9 Oh Allah! Make me amongst those who listen to Your words and obey them.



10 Right foot: Oh Allah make my feet firm on the bridge when feet will slip. Left foot: Oh Allah forgive my sins & accept my efforts.

*One who recites these duas when making wudhu his sins will have departed from all parts of his body, a seal would have been set upon his wudhu, it would have been raised to beneath the throne of Allah, while the reward of that ablution is recorded for him to the day of resurrection.*

# Shield yourself

Every part of your body will bear witness against you on the Day of Judgment— Allah says: ‘Today We shall set a seal upon their mouths, and their hands will speak to Us, and their feet will testify what they have been piling up.’

We have been told to guard seven bodily parts, namely, **the eye, the ear, the tongue, the stomach, the genitals, the hand, the foot.**

Source: ‘The Faith & Practice of Al-Ghazali (ra)

<p><b>EYES:</b> Created for you solely in order that you may be guided by it in darkness, that you may be aided by it in respect of your needs and that you may learn from the signs within the earth.</p> <p>AVOID:</p> <ul style="list-style-type: none"> <li>• Reading indecent material</li> <li>• Looking at indecent things, e.g. scantily dressed people</li> <li>• Avoid looking at things which will lead to a displeasing act— e.g. if watching TV tempts your eyes to sin then avoid TV altogether</li> </ul> <p>NOTE: The first unintentional look is forgiven, yet, if a second glance is drawn knowing that the thing you will be gazing at is haraam then sin will be upon you.</p>	<p><b>EARS:</b> Created for you solely that you might hear the word of Allah and the Message of the Prophet Sallahu Alaihi Wasalam.</p> <p>AVOID:</p> <ul style="list-style-type: none"> <li>• Listening to haraam music</li> <li>• Eaves dropping</li> <li>• Listening to back biting / conversations that slander another person.</li> </ul> <p>Remember: Sinfulness not only belongs to the speaker but also to the LISTNER</p>
<p><b>TONGUE:</b> Created for you solely to engage in the mention of Allah (dhikr), and in the reciting of His Book, to direct others to the right path. It is part of the body which has most control over you.</p> <p>AVOID:</p> <ul style="list-style-type: none"> <li>• Breaking promises</li> <li>• Backbiting</li> <li>• Arguing</li> <li>• Self-justification (praising oneself)</li> <li>• Cursing</li> <li>• Ridiculing others</li> <li>• Lying</li> </ul>	<p><b>HANDS:</b> Created for you solely to engage in good, to give openly, to give in acts of charity, to record the words of Allah.</p> <p>AVOID:</p> <ul style="list-style-type: none"> <li>• Beating another Muslim</li> <li>• Receiving unlawful wealth</li> <li>• Harming a creature</li> <li>• Betraying a trust / deposit</li> <li>• From writing anything that may not be uttered (guard the hand from the same things as the tongue as it is considered a man’s second tongue)</li> </ul>
<p><b>FOOT:</b> Created for you to walk towards goodness and to tread the straight path.</p> <p>AVOID :</p> <ul style="list-style-type: none"> <li>• Walking towards temptation</li> <li>• Attending unlawful places</li> </ul> <p>INSTEAD:</p> <ul style="list-style-type: none"> <li>• Use your feet to walk to good and noble gatherings</li> <li>• Exercise— it’s a sunnah!</li> </ul>	<p><b>STOMACH:</b> Consume only that which has been made halal for you. Fill your stomach with 1/3 food, 1/3 water 1/3 air.</p> <p>AVOID: Over eating— leads to a hard heart, impairs the intellect, weakens the memory, makes the limbs too heavy for worship, aids Shaytaan.</p> <p><b>GENITALS:</b> In order to protect your private parts you must guard your eyes from looking, guarding your heart from thinking and by guarding your stomach from what is doubtful.</p>

The above seven mentioned bodily parts are considered external parts of the body— in order to truly guard them from sin one must protect the HEART, that is to be inwardly pious as well as outwardly. The heart is the ‘morsel of flesh’, if the heart is protected and pure the entire body is protected and sound.

**Stamp hard with one foot on the nafs & the other foot will land in Jannah!**